



Our Food Menu – Week 1

<u>Week 1</u>	Breakfast	Snack	Homemade Lunches All lunches have a minimum of 3 vegetables	Afternoon Snack	Tea Varies Daily
Monday	Cereal	Fruit	Vegetable Curry served with Rice & Naan Bread Homemade Carrot Cake	Sausage Rolls, Carrot and Cucumber Sticks	Variety of sandwiches and snacks
Tuesday	Toast	Fruit	Turkey Shepherd's Pie Packed with Vegetables Pear Crumble	Cheese Triangles, Rice Cakes and Cherry Tomatoes	Variety of sandwiches and snacks
Wednesday	Cereal	Fruit	Roast Chicken, Roast Potatoes & Vegetables Homemade Sponge Cake	Fruit loaf and Banana	Variety of sandwiches and snacks
Thursday	Toast	Fruit	Savoury Couscous with Chickpeas Banana and Custard	Cheese, Crackers and Yoghurts	Variety of sandwiches and snacks
Friday	Cereal	Fruit	Sausage and Mash served with Beans Ice Cream	Milk and Biscuits	Variety of sandwiches and snacks